



February 2026

Dear Colleague,

Together, Dentsply Sirona, *rdhu*, SDI, and ODHA are offering a powerful full day of professional development. Join seminar leaders, Dani Botbyl, RDH, Kathleen Bokrossy, RDH, BSc, and Kim Lawrence, RDH, BA, on **Friday, April 24th** for a full day of interactive and hands-on workshops at the Dentsply Sirona Academy SimLab, a state-of-the-art training facility for oral health professionals to use the latest dental technology for clinical professional development.

We invite you to join us on:
Friday, April 24, 2026 - 7:30 a.m. to 3:30 p.m.
Dentsply Sirona Academy
60 Courtneypark Drive West, Unit 1, Mississauga, ON L5W 0B3
Free Parking

During this special invitation event:

- Dani will guide you in a speed-dating-style workshop, rotating through ultrasonic instruments, power settings, and techniques to improve periodontal debridement efficiency and outcomes.
- Kathleen will inspire you with a highly interactive, hands-on learning experience designed to build true confidence and competence in instrument sharpening.
- Kim will explore the clinical application of interim stabilization therapy (IST), providing hands-on practice to build confidence in IST techniques.

Check-in begins at 7:30 a.m.
Sessions begin at 8:00 a.m.

Please bring your own safety glasses/loupes/face shields. Masks and gloves provided.

Participants will receive the following:

- Tea/coffee with registration, light refreshments at the morning break, catered lunch;
- materials and resources to assist in layered learning; and
- a gift bag.

Capacity is limited to 60 registrants. Registration fee for ODHA members is **\$169 plus HST** and will be accepted on a first come, first served basis. Registration is accepted until **April 17th or when the event is sold out. Register by calling ODHA at 1.800.315.6342. Our events fill quickly, and registration will not be accepted at the door so register today!** Visa or MasterCard are accepted. Registration is non-refundable and non-transferable. Hope you can join us!

Upon arrival at the Academy, please visit the reception located just inside the front doors for check-in instructions. You will be required to provide your license plate number, if applicable.

Kind regards,

Marg Harrington, MHS, MHE
Chief Executive Officer
Ontario Dental Hygienists' Association

Course Descriptions

1. Speed Dating with Ultrasonic Technology

Unlock the secrets to quicker, more effective periodontal debridement

Presented by Dani Botbyl, RDH – 2 hours

Ultrasonic instruments get only seconds to prove themselves in this fast-paced, speed-dating-style workshop. Participants will rotate through instruments, power settings, and techniques, quickly deciding what works, what doesn't, and what deserves a second chance. Old favourites, new contenders, and polarizing opinions all enter the mix as clinicians confront deposit challenges by completing dry and wet activities. Work hard, judge critically, and leave with clear matches which earn a permanent place on your tray.

Learning Objectives:

- Select and justify ultrasonic instruments that demonstrate improved efficiency, preserve root structure, and elevate client comfort.
- Demonstrate precise ultrasonic active tip angulation, adaptation, and activation to support safe, efficient, and predictable clinical outcomes.
- Differentiate appropriate power settings for soft and hard deposit challenges based on real-time clinical performance.

2. The Sharpening Lab™: The Fine Edge – Techniques for Precision and Longevity

Presented by Kathleen Bokrossy, RDH, BSc – 2 hours

The Sharpening Lab™ is an immersive, hands-on workshop that transforms sharpening from an avoided task into a confident clinical skill. Through live demos, guided practice, and interactive learning stations, participants will learn how to evaluate instruments, restore precise cutting edges, and make smart decisions about maintenance, repair, and replacement—all while improving ergonomics and clinical efficiency.

Participants are encouraged to bring their own instrument cassette to work on during the session, including an anterior sickle, posterior sickle, universal curette, and Gracey curettes. Kathleen will also have instruments available; however, working on your own instruments allows you to assess their current condition, sharpen what is clinically appropriate, and return to practice with a set of instruments that are not only properly sharpened—but calibrated to your hand and your technique.

Learning Objectives:

- Evaluate dental hygiene instruments for sharpness, bevel wear, safety, and overall clinical performance.
- Apply correct sharpening principles, including angulation, positioning, and stroke control, to restore precise and efficient cutting edges.
- Differentiate between instruments that should be sharpened, recontoured, retired, or replaced.
- Demonstrate improved confidence and consistency in manual sharpening through guided hands-on practice.
- Implement a practical, repeatable system for ongoing instrument maintenance and longevity in clinical practice.

3. Interim Stabilization Therapy (IST): Practical Application for Registered Dental Hygienists

Presented by Kim Lawrence, RDH, BA – 2 hours

Interim Stabilization Therapy (IST) offers registered dental hygienists a practical, minimally invasive approach to managing dental caries when access to definitive dental treatment is limited.

This hands-on session will explore the clinical application, indications, and limitations of IST, with a focus on pediatric, geriatric, and underserved populations.

Participants will gain clear insight into the College of Dental Hygienists (CDHO) scope of practice, ethical considerations, and real-world application of temporary restorative materials. Through hands-on practice and case-based learning, you'll build confidence in IST techniques, glass ionomer material selection, and clinical decision-making using the ADPIE process. Attendees will leave with practical strategies they can immediately integrate into practice.

Learning Objectives:

- Understand the clinical application and purpose IST, including indications, contraindications, and benefits for pediatric, geriatric, and underserved populations.
- Demonstrate knowledge of CDHO scope of practice related to temporary restorations.
- Develop proficiency in the clinical technique for IST application.
- Evaluate the benefits and limitations of glass ionomer materials in IST.
- Apply the ADPIE process to IST cases in community settings.

IST materials are generously being donated by SDI Supplies.

About the presenters



Dani Botbyl, RDH is an educator, author, and award-winning researcher who has been a trailblazer for the advancement of ultrasonic technology in dental hygiene practice and education in North America and abroad. The culmination of her knowledge and research has produced multiple publications in industry and peer-reviewed journals and textbooks. Dani has presented hundreds of courses to students, faculties, and practising clinicians nationally and internationally. Her passion for enhancing the expertise of registered dental hygienists creates learning experiences not to be missed!



Kathleen Bokrossy, RDH, BSc is the Founder and President of *rdhu* Inc. and has supported registered dental hygienists across Canada for over 17 years through continuing education, coaching, and hands-on training. She is the creator of QA Coach, a popular support program that helps registered dental hygienists navigate the CDHO Quality Assurance Program with clarity and confidence. Kathleen has spent decades immersed in dental instrumentation as a clinician, educator, and former instrument company owner, and is well known for her practical, implementation-focused teaching style. She is a frequent speaker, published author, and creator of The Sharpening Lab™.



Kim Lawrence, RDH, BA is an experienced dental hygiene educator and independent practitioner with over 30 years in clinical, academic, and mobile care. She is a senior instructor at the Southern Ontario Dental College, founder of At Your Door Dental Hygiene, and a speaker on topics such as SDF, IST, and senior care. Kim is the Ontario representative of the CDHA Independent Dental Hygiene Practice Advisory Committee and an executive of the Dental Hygiene Practitioners of Ontario, as well as President of the Niagara Dental Hygienists' Society. Kim is passionate about equitable access to oral care and innovative preventive care.