

# Join ODHA -

The dental hygiene  
professionals



**odha**  
Ontario Dental Hygienists' Association

**Your** profession. **Your** province. **Your** association.

# ODHA Website

## Student Section



Your go-to resource to getting started in the dental hygiene profession in Ontario — [www.odha.on.ca](http://www.odha.on.ca)

Whether you're a dental hygiene student just starting out or a new graduate, the student section of the ODHA website has valuable information helpful to you. Below, you'll find a brief overview of the information you will find online. For the complete and detailed information, please visit [odha.on.ca/students](http://odha.on.ca/students).

### Registering with the CDHO

To practice dental hygiene in the province of Ontario, a person must be registered with the The College of Dental Hygienists of Ontario (CDHO). Only registrants of the CDHO can legally use the title “dental hygienist”, or a variation or abbreviation in Ontario. In this section, you'll find information on educational requirements and NDHCB Exam preparation. Learn about the importance of malpractice liability insurance and how to get your FREE malpractice insurance that is included with your ODHA student membership, valid for the remainder of the calendar year in which you graduate.

### Getting the Job

Learn valuable job search techniques including utilizing job boards, networking, social media, and reaching out to the hidden job market. Find other helpful information like locating career services within dental hygiene schools, resumé and CV preparation, interview skills, self-marketing, and salary expectations.

### Transitioning from School to Practice

Find all the information you need to make the school to practice transition including CDHO registrant resources, self-initiation and use of orders in the dental office, standing order templates, self-initiation of dental hygiene services, and networking for mentorship. You'll also find information on how to collaborate with other professionals. It is important for new grads to research services offered by health-care providers in their workplace's community, in order to establish relationships with colleagues who can be consulted for guidance, information, and client referral.

### Practice Settings

From general dental practice to specialty dental practices like orthodontics and independent dental hygiene practice, you'll find all the possibilities available within the profession.

### Student Award

The ODHA highlights excellence in dental hygiene advocacy, and awards up to two students annually, recognizing outstanding advocacy efforts locally or provincially. The cash award is valued at \$500 each. Find all the nomination information online including the award description, nomination process, and selection process.



As a student member of the Ontario Dental Hygienists' Association (ODHA), you have coverage for professional liability (malpractice) insurance for the remainder of the year of your graduation at **NO** cost. This benefit is part of your free student membership and is required for registration with the College of Dental Hygienists of Ontario (CDHO). The CDHO is your regulatory body and provides the *certificate of registration* that you need if you are planning to practice in Ontario.

Your insurance certificate will be available to you on our website [www.odha.on.ca](http://www.odha.on.ca) when you are in your graduating year. To access it – log in; go to “my account” – “my insurance” tab. You can print and provide the certificate to the CDHO when completing your registration.

If you need assistance please contact us at 1.800.315.6342.

**ODHA**  
**Your Provincial Association**

## Professional Liability Insurance for Ontario's Dental Hygienists

In your career as a Dental Hygienist, you'll face a number of risks. Unfortunately, some things are simply out of your control. Even if you do everything right, **clients can be interesting**, and misunderstandings happen. In today's society, misunderstandings translate to legal actions with the power to devastate your professional reputation and finances. Issuing a simple statement of defence can often cost as much as \$10,000 though you may not be at fault.

### ..... We can help.

PROLINK and the ODHA have partnered to develop a Professional Insurance program, tailored to your unique needs. Our program **exceeds the by-law requirements of the College of Dental Hygienists of Ontario** and will help defend you from claims made against you as they relate to professional negligence, omission of information, or other errors within your scope of practice as a Dental Hygienist.

### Coverage highlights include:



- ✓ Funds to defend yourself from disciplinary actions with the College;
- ✓ Reimbursement for lost earnings when you are asked to miss work to attend trial or pre-trial proceedings (up to \$750 per day);
- ✓ Legal defence costs associated with criminal suits, provided you are found not guilty;
- ✓ Legal defence costs associated with civil suits;
- ✓ Therapy and counselling of a sexually abused patient;
- ✓ Funds for cyber and privacy breach claims;
- ✓ Protection from libel and slander allegations;
- ✓ And more!

**If something were to occur—there is no need to panic.** PROLINK will support you from the moment you receive news of a complaint, legal suit, or charge until you come through the ordeal with your reputation intact. Call us at 1 800 663 6828 or email us at ODHA@prolink.insure if you need our help.

To apply, you must be a member of ODHA in good standing.

Visit the ODHA website at [www.odha.on.ca](http://www.odha.on.ca) or [prolink.insure/ODHA](http://prolink.insure/ODHA) for more information.

# odha member benefits

Ontario Dental Hygienists' Association

Not only does ODHA membership come with the best malpractice insurance in the province, as a member, you have access to many member benefits and services that save you money everyday on the things you love! Check out just a small sample of the great benefits available to ODHA members below.

**GoodLife**  
**FITNESS**

Enjoy corporate wellness memberships available at up to 60% off the regular price for significant savings at GoodLife Fitness and Womens Fitness. Your family members can also take advantage of these savings once you have joined.

**Womens Fitness**  
*Clubs of Canada*

 perkopolis

Perkopolis saves you money on a variety of retailers, entertainment, vacations and much more! Pay 10-25% less for concerts, sporting events, special attractions and hotel packages. Receive a corporate code with your ODHA membership. To see all Perkopolis has to offer, visit [www.perkopolis.com](http://www.perkopolis.com).

 CINEPLEX®

Purchase discounted tickets, redeemable at Famous Players, Cineplex Odeon, and Galaxy Cinemas.

 Canada's  
Wonderland®

Canada's premier amusement park is home of the most exhilarating collection of rides and coasters. Save with special corporate rates, purchase e-tickets directly from the website and receive savings on admissions, meals, parking and other special features.

Other benefit highlights include valuable and free professional development, savings on dental hygiene loupes, ergonomic attire, activewear, car and moving truck rentals, mortgage savings, plus much more! For a full listing of all ODHA member benefits and services visit [www.odha.on.ca](http://www.odha.on.ca).

ODHA publications and online resources keep members informed about activity within the association and the profession, as well as current health and research topics useful in the practice setting. As an ODHA member, you will have access to these valuable publications and online resources as a member benefit [www.odha.on.ca/publications](http://www.odha.on.ca/publications).



### Focus

*Focus* is produced four times a year - January, April, July and September. This publication is published to keep ODHA members informed on happenings within the association and the profession in Ontario. You'll find valuable articles on inter-collaborative opportunities with other health-care professionals, plus, regular columns on infection prevention and control, professional development, and regulations pertaining to dental hygienists practising in Ontario.



### Dental Hygiene Newswire

Created specifically for dental hygienists, the *Dental Hygiene Newswire* is the place to access research applicable to the profession — plus catch up on the latest ODHA news!

With a variety of research topics including oral health, diseases, mental health, wellness, plus more, you can look to the *Dental Hygiene Newswire* as a resource for your Quality Assurance program learning goals. The Dental Hygiene Newswire is open access, so share the news with your colleagues!

With the mobile-friendly platform, you can easily access research and news at home, work or on the go. New research and news will be added on a regular basis, check back often for updates.

[dhnewswire.odha.on.ca](http://dhnewswire.odha.on.ca)

## Access Exclusive Benefits with the ODHA Insurance Program!

### PROFESSIONAL INSURANCE FOR ODHA MEMBERS:

PROLINK and the ODHA have partnered to develop a **Professional Liability Insurance** program tailored to your unique needs and included with your membership. This policy exceeds the by-law requirements of the College of Dental Hygienists of Ontario and will help defend you from claims made against you for professional negligence, omission of information, injuries, or other errors within your scope of practice as a Dental Hygienist.

If you are operating your own practice, or are an Independent Dental Hygienist, you can also access the following coverages at unparalleled ODHA rates:



✓ **Commercial General Liability Insurance:** to protect you from claims resulting from third party injuries or property damage that are not directly related to your services as a Dental Hygienist.



✓ **Property Insurance:** to shield your clinic's contents, tools, and software, as well as to provide funds for any business interruption that you may experience as a result of property damage.

### And that's not all:

### YOU CAN ALSO ACCESS THE ODHA HOME & AUTO GROUP PROGRAM!

Members typically **save 20%** or more on Home and Auto Insurance!

Wherever you're coming from, and whatever you need—we've been there and done that. You can depend on us for the protection you require. With over 30 years of experience and access to over 30 insurers, we can offer you a choice of insurance solutions, price points, and other benefits at exclusive ODHA rates!



**FOR MORE INFORMATION:**

**CALL 1 800 663 6828**

**VISIT [prolink.insure/ODHA](http://prolink.insure/ODHA)**

## Access Health & Disability Benefits, & Life Coverage Too!

The potential to develop back problems and carpal tunnel as a Dental Hygienist is huge. And beyond chronic pain, there's your own ongoing health and dental needs: check-ups, prescriptions, and procedures. Unfortunately, for many of you, health, dental, and disability benefits are not typically offered by your employer.

That's why PROLINK and the ODHA have partnered to bring you affordable and comprehensive healthcare for you and those you care about. Our plans offer Extended Health, Dental, Disability, Critical Illness, and Life Insurance that is cost-effective and will provide you with the long term protection you'll require. With just a quick consultation, we can custom tailor a plan to meet your budget and coverage needs.

### PLAN HIGHLIGHTS INCLUDE:

FULL BENEFITS PACKAGE	"NO DENTAL" BENEFITS PACKAGE	MINI BENEFITS PACKAGE
<ul style="list-style-type: none"> <li>✓ Extended healthcare;</li> <li>✓ Dental;</li> <li>✓ Life Insurance;</li> <li>✓ Weekly Income Benefit;</li> <li>✓ Long Term Disability;</li> <li>✓ Member Assistance Plan;</li> <li>✓ Optional Critical Illness.</li> </ul>	<ul style="list-style-type: none"> <li>✓ Extended healthcare;</li> <li>✓ Life Insurance;</li> <li>✓ Weekly Income Benefit;</li> <li>✓ Long Term Disability;</li> <li>✓ Member Assistance Plan;</li> <li>✓ Optional Critical Illness.</li> </ul>	<ul style="list-style-type: none"> <li>✓ Extended healthcare;</li> <li>✓ Life Insurance;</li> <li>✓ Optional Critical Illness.</li> </ul>

### FOR MORE INFORMATION:

**CALL 1 800 663 6828**

**VISIT [prolink.insure/ODHA](http://prolink.insure/ODHA)**



**NEW** 5<sup>TH</sup> EDITION

## WELCOME TO COMPASS!

COMPASS is a continuing education program, designed with RDHU to help you expand your learning on emerging issues in dentistry. We can't wait to help you navigate and explore your COMPASS Professional Development Program Journey!

If you're returning, thanks and congratulations on your commitment to ongoing learning in your field. ***You'll be pleased to know we're still offering complimentary samples of our Crest Gum and Sensitivity toothpaste for your personal use.***

## Explore COMPASS Edition 4!

- NEW! 4 hot topics
- NEW! Gum health client counselling chairside tool, which reflects the updated periodontitis classification criteria
- NEW! Oral-B *iO* powerbrush. A WOW experience and SensatiOnal clean. Our revolutiOnary technology features
  - **Oscillation rotations** from Oral-B's iconic round brush head combined with the gentle energy of **micro-vibrations** for sensatiOnal clean.
  - **Concentrated energy** is delivered to the bristle tips where it's needed most for a smooth, quiet cleaning experience
  - **Smart Pressure Sensor** for precise pressure to help gums and enamel protectiOn

82% of gingivitis patients moved from non-healthy to healthy gums in 8 weeks.

When joining our Dental Hygienist Proud community, opt-in to emails so that you can take advantage of ongoing educational opportunities, exclusive promotional offers, and complimentary samples for you and your clients! Visit [dentalcare.ca](http://dentalcare.ca) to join and enjoy FREE:

- ✓ Continuing education courses\*
- ✓ Patient education materials in multiple languages
- ✓ Patient samples†

## START YOUR COMPASS JOURNEY TODAY!

Sincerely,

The Crest® + Oral-B® Team





is pleased to offer student members a

# FREE NAME TAG



To receive your free name tag, please complete this form and forward it to the address below.

- NOTE:
- 1) All ODHA name badges will conform to the College of Dental Hygienists of Ontario's (CDHO's) strong recommendation to include both first and last name.
  - 2) You must be a student member of the ODHA to receive this free name tag.
  - 3) You will not be able to wear the name tag until you have been registered with the CDHO.
  - 4) Name tag will be mailed close to your graduation date or shortly after to the address on your ODHA profile.

NAME: \_\_\_\_\_

EMAIL: \_\_\_\_\_

SCHOOL: \_\_\_\_\_

GRADUATION DATE \_\_\_\_/\_\_\_\_/20\_\_\_\_  
DAY MONTH

NAME DESIRED ON TAG: \_\_\_\_\_

**MAIL TO:**  
Ontario Dental Hygienists' Association  
108-3425 Harvester Road  
Burlington, Ontario L7N 3N1

**SCAN & EMAIL TO:**  
info@odha.on.ca

**FAX TO:** 905.681.3922



# RDHEDU.COM

## Online Dental Education Center

Want a comprehensive review of the dental hygiene curriculum in the convenience and comfort of your own home?

RDHEDU.COM offers curriculum online, in an interactive environment. The focus is on case studies, group discussions, hundreds of sample test questions, and confidence building. Our webinars will prepare you with a strong foundation in theoretical knowledge, and strengthen your critical thinking skills.

**Recorded seminars are also available for independent review!**

**Where:** “Live” webinars 3x per year, 8 weeks prior to the NDHCB examination.

**Who:** Our team is comprised of experienced dental and dental hygiene educators from accredited dental hygiene institutions and board preparation courses.

One of the presenters is Margaret J. Fehrenbach, RDH, MS, DH, Educational Consultant and DH Scientific Writer for textbooks and magazines.

**How:** 14 three-hour ‘live’ online sessions, includes 5 clinical theory and practice sessions, 8 comprehensive academic reviews and 1 case study session; all sessions are recorded for independent review.

**Cost:** \$350 exclusive rate for ODHA student member (non-member rate is \$450).

**Review includes:** Clinical Theory and Practice DH Management, Cases and Client Assessment, Periodontology, Pharmacology, Oral Pathology, Head/Neck/Dental Anatomy, Histology/Embryology as applied in Clinical Practice, Medical Emergencies, Ethics, Radiology and Community Dental Health.



For registration inquiries or to learn how to start your review earlier,  
contact [info@rdhedu.com](mailto:info@rdhedu.com)

View the website for course details and registration at  
[www.rdhedu.com](http://www.rdhedu.com)

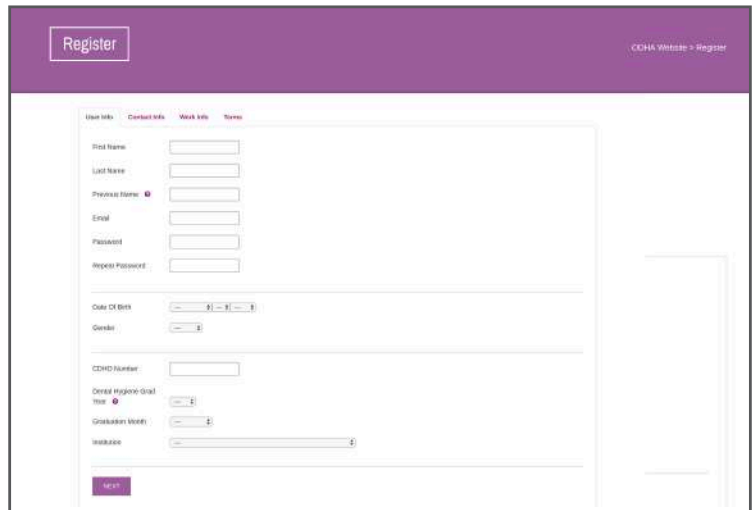
# Your **FREE** ODHA student membership in 4 easy steps:



Go to [www.odha.on.ca](http://www.odha.on.ca) and select **Register** from the purple menu bar.



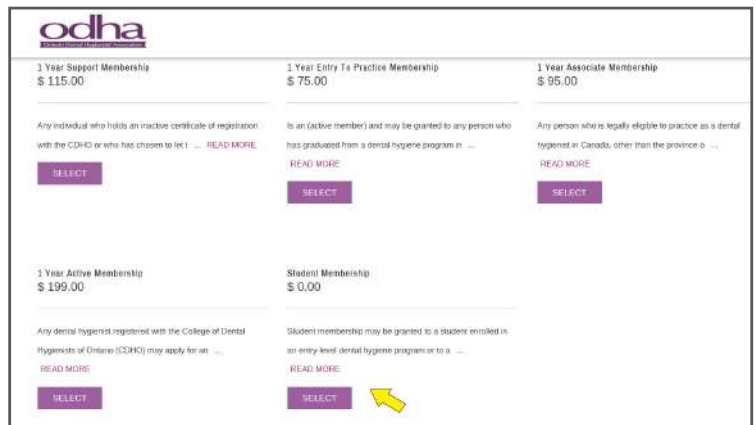
Fill out the online form and complete your account registration.



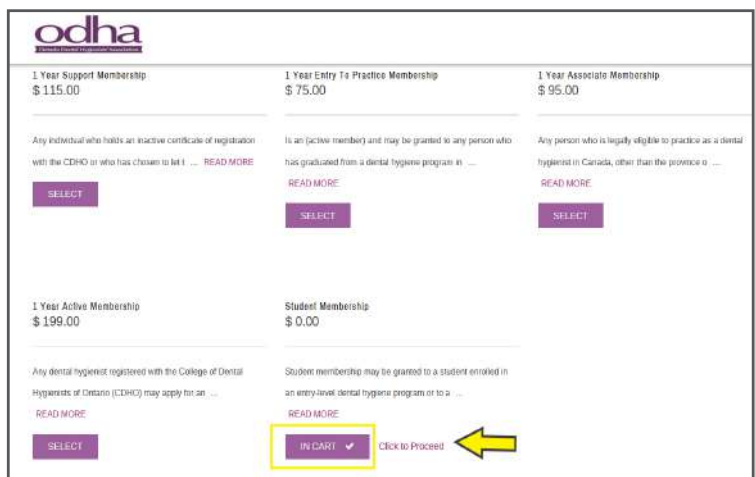
*Once your account is created, you'll be redirected to the membership selection page.*



Select the **FREE Student Membership**.



You'll see that the free membership is now in your cart. Click **Proceed to Checkout** and complete your free membership transaction.



## Welcome to ODHA!

